





JOIN THE E-CONVERSATION SHC Multidisciplinary Palliative Care Forum

Community. Knowledge. Growth.

Tuesday, November 11, 2025

12.30pm - 2pm

Zoom Webingr

A Call for PEACE: Benefits of Multidisciplinary Palliative Care on Patients with End-Stage Liver Disease

End-stage liver disease (ESLD) is a progressive and debilitating condition marked by frequent episodes of decompensation, recurrent hospital admissions, and a high symptom burden that significantly impacts patients' quality of life. The unpredictable course of liver failure can also complicate timely referrals to palliative services and leave patients without adequate support in their final months.

In Sengkang General Hospital, the Palliative End-stage and Advanced Cirrhotics Early (PEACE) program was pioneered to enable patients with ESLD to receive holistic palliative care. Through the use of several cases, we will discuss the challenges faced in caring for these patients, and how a multi-disciplinary team comprising doctors, speciality nurses, therapists, and medical social workers can come together to improve symptom control, reduce unnecessary hospitalisations, support shared decision-making, and enhance overall patient and caregiver well-being.

This session aims to challenge traditional models of care for ESLD and advocate for an earlier, more structured integration of palliative care to address the complex needs of this vulnerable population. Attendees will leave with practical strategies for identifying patients who could benefit from palliative input and implementing collaborative care pathways that prioritise dignity, comfort, and quality of life.



Register

tinyurl.com/ mdfnov25

1 CME / CPE Point (Pending Approval) *For LIVE session only



Mr Aiden Lin Yuda

Physiotherapist, Sengkang General Hospital Sengkang General Hospital



Ms Angela Loh Ping Ping

Medical Social Worker,



Dr Marianne Anastasia De Roza

Consultant. Sengkang General Hospital



Mr Muhammad Nizam Bin Abdul Halim Sidek

Senior Staff Nurse, Sengkang General Hospital



Moderator Dr See Kee Yon, Lionel

Consultant, Sengkang General Hospital

*Open to all local and overseas healthcare professionals and non-clinical staff in community or hospital setting





